

Salads

Chicken & Fresh Fruit Salad.....	\$11.95
<i>Seasonal sliced fresh fruits with our chicken salad & gourmet bread</i>	
Sailor Salad.....	\$11.95
<i>Grilled chicken, baby greens, gorgonzola cheese, roasted pumpkin seeds & Granny Smith apples with a key lime dressing</i>	
American Salad.....	\$11.95
<i>Fresh chicken & tuna salad on baby greens with cottage cheese, tomato, cucumber & onion with balsamic vinaigrette</i>	
Cobb Salad.....	\$11.95
<i>Grilled chicken, bacon, boiled egg, tomato, scallions, gorgonzola cheese, on baby greens with raspberry vinaigrette</i>	
Spinach Gorgonzola Salad.....	\$11.95
<i>Grilled chicken, fresh garden spinach, topped with gorgonzola cheese, bacon bits, chopped egg and bacon vinaigrette</i>	
Classic Caesar Salad.....	\$11.95
<i>Grilled chicken, crisp romaine lettuce, croutons and parmesan cheese</i>	
Substitute Fish.....	\$5.00

Lunch Entrees

All sandwiches served with your choice of french fries, sweet potato fries (add \$1), cole slaw or fresh fruit

Cottage Pie.....	\$11.95
<i>Fresh ground beef, carrots, peas & onions in an English gravy topped with mashed potatoes and melted cheddar cheese</i>	
California Wrap.....	\$11.95
<i>Turkey, jack cheese, greens, sprouts, avocado, roasted red pepper on a spinach tortilla</i>	
Sailor's Club.....	\$11.95
<i>Ham, turkey, bacon, jack cheese, lettuce, tomato and onion on toasted wheat bread</i>	
Chicken or Tuna Salad.....	\$11.95
<i>With lettuce, tomato & onion on your choice of fresh baked croissant or whole wheat wrap</i>	
Sailor Burger.....	\$12.95
<i>10 oz prime burger, lettuce, tomato, onion & your choice of cheese on a fresh Kaiser roll</i>	
Patty Melt.....	\$12.95
<i>10 oz prime beef topped with melted Swiss cheese and sautéed onions on toasted rye bread</i>	
Fried Green Tomato B.L.T.....	\$11.95
<i>Apple-wood smoked bacon, fried green tomato with lettuce on an herb flat bread with garlic aoli</i>	